



LEADING IN WORSHIP this morning are **The Rev. Karen Bowles** and **The Rev. Dr. Nancy Hardy**. The ministry of music is offered by Minister of Music **Dr. Patricia Wright** and soloist **Gisele Kulak**. Summer soloists are available thanks to the Wayne C. Vance Music Fund.

For pastoral care, please contact The Rev. Karen Bowles, ext. 27 (karenb@metunited.ca)

To see our church directory, please visit: <https://www.metunited.org/staff>

CALENDAR OF UPCOMING EVENTS

Monday, August 12

10:00 a.m. Art Program

Metropolitan Centre

Friday, August 16

10:00 a.m. Art Program

Metropolitan Centre

NEXT SUNDAY: August 18 - Scripture

11:00 a.m. Morning Service in the Sanctuary
 “The Spiritual Practice of Scripture (even the bits we’d rather skip)”
 The Rev. Karen Bowles
 Dr. Patricia Wright, Minister of Music



Metropolitan United Church

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We are an Affirming Congregation, offering welcome and companionship to all, regardless of orientation or designation.

For thousands of years, this land has been the traditional home of the Huron-Wendat, the Seneca, and most recently, the Mississaugas of the Credit River. It is still home to Indigenous people from across Turtle Island. We are grateful to work, live and worship on this land.

NOTICE OF FILMING Please note that services are considered to be public events, and you are choosing to enter a space where your image may be captured as part of event proceedings that may be made public as part of our website or social media. We make every effort to ensure your personal information is kept and used in compliance with the Freedom of Information and Protection of Privacy Act (FIPPA). If you have any questions please contact janelt@metunited.ca.



Sunday, August 11, 2019 - Patience

CARILLON PRELUDE (10:30 a.m. outside)

~ Performed by U of T student carillonneur Mateusz Olechnowicz ~

ORGAN PRELUDE AND CANDLE LIGHTING

Pastorale in F Major
 “Air” from *Water Music*

J. S. Bach
 G. F. Handel

OPENING HYMN: #217 *All Creatures of Our God and King*

Lasst Uns Erfreuen

INVITATION TO WORSHIP

One: God be with you.
All: And also with you.
 One: Let us pray. (all seated)

PRAYER OF APPROACH AND CONFESSION

SILENCE FOR PRIVATE PRAYER

KYRIE ELEISON (All) #69 *More Voices Kyrie eleison (God have mercy)*

Kervin

ASSURANCE OF PARDON

♪(indicates a congregational response - please stand in spirit or in fact)

ACT OF PRAISE (All) #104 More Voices

Trad., Congo

Mungu, ni mwema, mungu ni mwema, mungu ni mwema, ni mwema, ni mwema.
Know that God is good, Know that God is good,
Know that God is good, God is good, God is good.

SACRAMENT OF BAPTISM AND NEW MEMBER RECEPTION

AFFIRMATION OF FAITH

We are not alone, we live in God's world.

We believe in God:

who has created and is creating, who has come in Jesus, the Word made flesh,
to reconcile and make new, who works in us and others by the Spirit.

We trust in God.

We are called to be the Church:

to celebrate God's presence, to live with respect in Creation,
to love and serve others, to seek justice and resist evil,
to proclaim Jesus, crucified and risen, our judge and our hope.

In life, in death, in life beyond death, God is with us.

We are not alone. Thanks be to God.

SUNG BLESSING

READINGS Genesis 15:1-6, Hebrews 11:1-16

RESPONSE #381 Spirit of Life (please remain seated)

Spirit of Life

GOSPEL READING Luke 12:32-40

One: This is the witness of the good news of Jesus Christ.

CONGREGATIONAL RESPONSE: Thanks be to God.

HYMN #2 Come, Thou Long-Expected Jesus

Stuttgart

SERMON "The Spiritual Practice of Patience"
The Rev. Karen Bowles

PEACE GREETING

One: The peace of Christ be with you always.

All: And also with you.

One: Let us greet one another with the peace of Christ.

ANNOUNCEMENTS OF OUR COMMON LIFE

OFFERING OF OUR LIFE AND WORK

OFFERTORY Music Child of God

Hugo Wolf

Gisele Kulak, soprano

THE OFFERTORY HYMN #518, verse 3

Forest Green

With gratitude and humble trust we bring our best to you,

Not just to serve your cause, but share your love with neighbours too.

O God, who gave yourself to us in Jesus Christ, your son,

Help us to give ourselves each day until life's work is done.

GREAT THANKSGIVING

One: Lift up your hearts.

All: We lift them up to the Lord.

One: Let us give thanks to the Lord God.

All: It is right to give God thanks and praise.

One: Let us pray. (all seated)

PRAYERS OF THE PEOPLE

LORD'S PRAYER (all) (Voices United, p. 921)

Our Father, who art in heaven, hallowed be thy name,

Thy kingdom come, thy will be done, on earth, as it is in heaven.

Give us this day our daily bread,

And forgive us our trespasses, as we forgive those who trespass against us.

And lead us not into temptation, but deliver us from evil:

For thine is the kingdom, the power, and the glory forever and ever. Amen.


CLOSING HYMN #420 Go to the World

Sine Nomine

COMMISSIONING

BLESSING (All-please sing twice and please turn toward the centre)

Izumi Shiota


May the peace of Christ be with you. May the love of God dwell deep in your heart. May the


Spi-rit en-light-en your way. May you walk in the com-fort of God's care.

ORGAN POSTLUDE AND CANDLE EXTINGUISHING

"Hornpipe" from Water Music

G. F.

Handel

Taking the practice home

Just one thing to try as you journey through each day this week:

- Take a pause, in the line up, in the back up, in the decision making or in the 'reacting', and breathe into your impatience. Take several deep breaths before you act, decide or make a move.

For anyone wishing to discuss these practices, we will gather in the Founders' Chapel next Sunday at 10:00 a.m.