



LEADING IN WORSHIP this morning are **The Rev. Karen Bowles** and **Dr. Linn Holness**. The ministry of music is offered by Minister of Music **Dr. Patricia Wright** and soloist **Benjamin Stein**. Summer soloists are available thanks to the Wayne C. Vance Music Fund.

For pastoral care, please contact The Rev. Karen Bowles, ext. 27 ([karenb@metunited.ca](mailto:karenb@metunited.ca))

To see our church directory, please visit: <https://www.metunited.org/staff>

### CALENDAR OF UPCOMING EVENTS

**Monday, August 26**

**10:00 a.m.** Art Program Metropolitan Centre

**Tuesday, August 27**

**7:30 p.m.** Metropolitan Silver Band Sanctuary

**Friday, August 30**

**10:00 a.m.** Art Program Metropolitan Centre

**NEXT SUNDAY: September 1 Twelfth Sunday after Pentecost/Labour Day Sunday**

**11:00 a.m.** Morning Service in the Sanctuary  
 "The Spiritual Practice of Humility" The Rev. Jason Meyers  
 Dr. Patricia Wright, Minister of Music  
 Jeremiah 2:4-13; Hebrews 13:1-8, 15-16; Luke 14:1, 7-14



### Metropolitan United Church

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We are an Affirming Congregation, offering welcome and companionship to all, regardless of orientation or designation.

For thousands of years, this land has been the traditional home of the Huron-Wendat, the Seneca, and most recently, the Mississaugas of the Credit River. It is still home to Indigenous people from across Turtle Island. We are grateful to work, live and worship on this land.

**NOTICE OF FILMING** Please note that services are considered to be public events, and you are choosing to enter a space where your image may be captured as part of event proceedings that may be made public as part of our website or social media. We make every effort to ensure your personal information is kept and used in compliance with the Freedom of Information and Protection of Privacy Act (FIPPA). If you have any questions please contact [janelt@metunited.ca](mailto:janelt@metunited.ca).



### Sunday, August 25, 2019 - Discernment

**CARILLON PRELUDE (10:30 a.m. outside, ending with)**

*Prelude V*

Matthias van den Gheyn

**ORGAN PRELUDE AND CANDLE LIGHTING**

*Prelude and Fugue in E minor*

*Elegy*

*Prelude on 'Simple Gifts'*

J. S. Bach  
 C. H. H. Parry  
 Wilbur Held

**OPENING HYMN: #686** *God of Grace and God of Glory*

Rhuddlan

**INVITATION TO WORSHIP**

One: God be with you.

**All: And also with you.**

One: Let us pray. (all seated)

**PRAYER OF APPROACH AND CONFESSION**

**SILENCE FOR PRIVATE PRAYER**

**KYRIE ELEISON (All) #69** *More Voices Kyrie eleison (God have mercy)*

Kervin

♫(indicates a congregational response - please stand in spirit or in fact)

**ASSURANCE OF PARDON**

**ACT OF PRAISE (All) #104 More Voices**

Trad., Congo

Mungu, ni mwema, mungu ni mwema, mungu ni mwema, ni mwema, ni mwema.  
Know that God is good, Know that God is good,  
Know that God is good, God is good, God is good.

**READINGS** Isaiah 58:9b-14; Psalm 71: 1-6

**RESPONSE #381 Spirit of Life** (please remain seated)

Spirit of Life

**GOSPEL READING LUKE 13:10-17**

One: This is the witness of the good news of Jesus Christ.

**CONGREGATIONAL RESPONSE: Thanks be to God.**

**HYMN #271 There's a Wideness in God's Mercy**

Stuttgart #2

**SERMON "The Spiritual Practice of Discernment"**  
The Rev. Karen Bowles

**PEACE GREETING**

One: The peace of Christ be with you always.

**All: And also with you.**

One: Let us greet one another with the peace of Christ.

**AFFIRMATION OF FAITH**

**We are not alone, we live in God's world.**

**We believe in God:**

who has created and is creating, who has come in Jesus, the Word made flesh,  
to reconcile and make new, who works in us and others by the Spirit.

**We trust in God.**

**We are called to be the Church:**

to celebrate God's presence, to live with respect in Creation,  
to love and serve others, to seek justice and resist evil,  
to proclaim Jesus, crucified and risen, our judge and our hope.

In life, in death, in life beyond death, God is with us.

**We are not alone. Thanks be to God.**

**ANNOUNCEMENTS OF OUR COMMON LIFE**

**OFFERING OF OUR LIFE AND WORK**

**OFFERTORY Music Currite**

Claudio Monteverdi

Run, people, play on the strings and drum, sing hallelujah to celebrate this holy day!

Benjamin Stein, tenor

**THE OFFERTORY HYMN #518, verse 3**

Forest Green

With gratitude and humble trust we bring our best to you,  
Not just to serve your cause, but share your love with neighbours too.  
O God, who gave yourself to us in Jesus Christ, your son,  
Help us to give ourselves each day until life's work is done.

**GREAT THANKSGIVING**

One: Lift up your hearts.

**All: We lift them up to the Lord.**

One: Let us give thanks to the Lord God.

**All: It is right to give God thanks and praise.**

One: Let us pray. (all seated)

**PRAYERS OF THE PEOPLE**

**LORD'S PRAYER (all)** (*Voices United*, p. 921)

**Our Father, who art in heaven, hallowed be thy name,**

**Thy kingdom come, thy will be done, on earth, as it is in heaven.**

**Give us this day our daily bread,**

**And forgive us our trespasses, as we forgive those who trespass against us.**

**And lead us not into temptation, but deliver us from evil:**

**For thine is the kingdom, the power, and the glory forever and ever. Amen.**

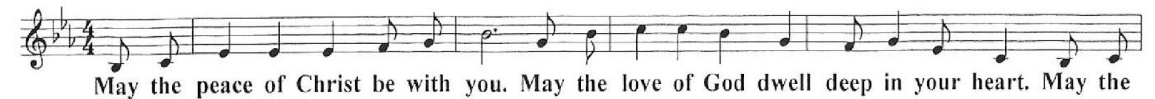
**CLOSING HYMN #681** *Where Cross the Crowded Ways of Life*

Fulda

**COMMISSIONING**

**BLESSING (All-please sing twice and please turn toward the centre)**

Izumi Shiota



**ORGAN POSTLUDE AND CANDLE EXTINGUISHING**

*Toccata in Seven*

John Rutter

**Taking the practice home**

- Find a time and place each morning or evening where you can be on your own without external distraction.
- Sit for 10 minutes.

Podcasts for previous weeks are available online. For anyone wishing to discuss these practices, we will gather in the Founders' Chapel next Sunday at 10:00 a.m.

