

Welcome to Metropolitan United Church

the downtown church for a diverse city



The calling of Saints Peter and Andrew by Caravaggio

Sunday, January 19, 2020 **Second Sunday after Epiphany**

We are an Affirming Congregation, offering welcome and companionship
to all, regardless of orientation or designation.

For thousands of years, this land has been the traditional home of the Huron-Wendat, the Seneca, and most recently, the Mississaugas of the Credit River. It is still home to Indigenous people from across Turtle Island. We are grateful to work, live and worship on this land.

ORDER OF SERVICE

♪(indicates a congregational response - please stand as you are able).

CARILLON PRELUDE (outside)

BAND PRELUDE *Kingsfold* arr. Leonard Ballantine
 My Shepherd Brenton Broadstock
 (Featuring Richard Raum, Liam Caveney, Howard Lee, Bill Davis)
 Hymn of Praise Douglas Court

♪**PROCESSIONAL HYMN #348** *O Love, How Deep, How Broad, How High* Puer Nobis Nascitur

♪INVITATION TO WORSHIP

One: We come seeking the source of life and abundant love,

All: we gather to praise and worship God.

One: We come seeking the heartbeat of hospitality and never-failing hope,

All: May our hearts and minds be opened to God.

One: We come seeking the essence of justice and joy,

All: May our souls rejoice and find their peace in God.

One: God be with you.

All: And also with you.

One: Let us pray. (all seated)

PRAYER OF APPROACH AND CONFESSION

SILENCE FOR PRIVATE PRAYER

KYRIE ELEISON (ALL) #69 MORE VOICES *Kyrie eleison (God have mercy)* Kervin

ASSURANCE OF PARDON

♪**ACT OF PRAISE (All) p. 895 Voices United**

Glory, glory, glory, glory be to God on high! Glory, glory, glory, glory be to God on high!

And on earth peace to the people in whom God is well pleased.

And on earth peace to the people in whom God is well pleased.

READINGS Isaiah 49:1-7; 1 Corinthians 1:1-9

ANTHEM *I Waited for the Lord* Felix Mendelssohn
I waited for the Lord, He inclined unto me and heard my complaint. O blessed are they that
hope and trust in the Lord. Gisele Kulak and Chelsea Van Pelt, sopranos

GOSPEL READING John 1:29-42

ONE: This is the witness of the good news of Jesus Christ.

CONGREGATIONAL RESPONSE: Thanks be to God.

CHILDREN AND YOUTH TIME WITH JEFFREY DALE

Jeffrey is the Youth Ministries Coordinator for the Shining Waters Regional Council.

All children and youth are invited to follow their teachers to Sunday School in the MET Centre.

HYMN #371

Open My Eyes, that I May See

Open My Eyes

SERMON

MANIFEST DESTINY

REV. KAREN BOWLES

ANTHEM

Little Innocent Lamb

Spiritual, arr. Marshall Bartholomew

Little Lamb, little innocent Lamb, I'm a-gonna serve God till I die. Hypocrite, tell you what he do, he'll talk about me, and he'll talk about you. Devil, he's got a slippery shoe. Now if you don't mind, he gonna slip it on you. 'Cause there ain't no dying over there in that heavenly land, there'll be joy! Just take one brick from Satan's wall, Satan's wall gonna tumble and fall....

PEACE GREETING

One: The peace of Christ be with you always.

All: And also with you.

One: Let us greet one another with the peace of Christ.

AFFIRMATION OF FAITH

We are not alone, we live in God's world.

We believe in God:

**who has created and is creating, who has come in Jesus, the Word made flesh,
to reconcile and make new, who works in us and others by the Spirit.**

We trust in God.

We are called to be the Church:

**to celebrate God's presence, to live with respect in Creation,
to love and serve others, to seek justice and resist evil,
to proclaim Jesus, crucified and risen, our judge and our hope.**

In life, in death, in life beyond death, God is with us.

We are not alone. Thanks be to God.

ANNOUNCEMENTS OF OUR COMMON LIFE

OFFERING OF OUR LIFE AND WORK

BAND OFFERTORY *An Irish Blessing*

Andrew Goddard, arr. Colin G. Dance

OFFERTORY HYMN #518, verse 3

Forest Green

**With gratitude and humble trust we bring our best to you,
Not just to serve your cause, but share your love with neighbours too.
O God, who gave yourself to us in Jesus Christ, your son,
Help us to give ourselves each day until life's work is done.**

PRAYER OF DEDICATION

♪GREAT THANKSGIVING

One: Lift up your hearts.

All: We lift them up to the Lord.

One: Let us give thanks to the Lord God.

All: It is right to give God thanks and praise.

One: Let us pray. (all seated)

PRAYERS OF THE PEOPLE

LORD'S PRAYER (all) (*Voices United*, p. 921)

Our Father, who art in heaven, hallowed be thy name,

Thy kingdom come, thy will be done, on earth, as it is in heaven.

Give us this day our daily bread,

And forgive us our trespasses, as we forgive those who trespass against us.

And lead us not into temptation, but deliver us from evil:

For thine is the kingdom, the power, and the glory forever and ever. Amen.

♪RECESSIONAL HYMN #642 *Be Thou My Vision*

Slane

♪COMMISSIONING AND BENEDICTION

♪BLESSING (All-please turn toward the centre)

Izumi Shiota



May the peace of Christ be with you, may the love of God dwell deep in your heart, may the



Spi-rit en-light-en your way, may you walk in the com-fort of God's care.

BAND POSTLUDE AND CANDLE EXTINGUISHING

I Will Follow Him

Stole/Roma/Plante arr. Goff Richards

(Featuring Michele McCall, flugelhorn, Richard Raum, Liam Caveney, Howard Lee, trombone)

LEADING IN WORSHIP this morning are **The Rev. Karen Bowles** and **The Rev. Jason Meyers**. Reading the lessons is **Deborah Davis**. The ministry of music is offered by the **Metropolitan Choir** conducted by Minister of Music **Dr. Patricia Wright**, by the Wayne C. Vance Organ Scholar **Timothy Wisnicki**, and by the **Metropolitan Silver Band** conducted by **Fran Harvey**.

CARRYING THE BANNER is **Marc Tremblay**.

GREETERS are **Jean Robison** and **Fran Parkin**.

USHERS are **Terry Kelly**, **Ed Oikawa**, **Michael Connolly** and **Carolyn Pack**.

COOKIES this month are generously offered by the Music Comm **Terry Kelly**

PROGRAMS AND EVENTS THIS WEEK

Monday, January 20

7:30 p.m. Music Committee Meeting Sanctuary

Tuesday, January 21

12:10 – 12:30 p.m. Midday Prayer Service Sanctuary
6:30 p.m. Open Art Studio and Knitting Circle MET Centre
7:30 p.m. Metropolitan Silver Band Rehearsal Sanctuary

Wednesday, January 22

7:00 a.m. Out of the Cold Chop Chop MET Kitchen
8:30 a.m. Prayer Breakfast at Fran's 200 Victoria Street
12:00 p.m. Zoom Bible Study (email Rev. Bowles for details)
5:30 p.m. Official Board Meeting MET Centre

Thursday, January 23

11:00 a.m. Out of the Cold Luncheon MET Centre
12:10 – 1:00 p.m. Yoga Church Sanctuary
6:30 p.m. Metropolitan Handbells Rehearsal Sanctuary
7:30 p.m. Metropolitan Choir Rehearsal Sanctuary

Friday, January 24

10:30 a.m. Open Art Studio MET Centre

Saturday, January 25

9:00 a.m. Breakfast Bible Study Flanders Library
10:30 a.m. Choir Cookie Baking MET Kitchen

NEXT SUNDAY: January 26 Third Sunday After Epiphany

9:00 a.m. Early Communion Service Founders' Chapel
9:45 a.m. Choristers and Sparklers MET Centre
10:00 a.m. Library Open (re-opens 12:15 p.m.)
11:00 a.m. Morning Service and Church School Sanctuary
Rev. Jason Meyers "Turn, Turn, Turn."
Isaiah 9:1–4; 1 Corinthians 1:10–18; Matthew 4:12–23
12:15 p.m. Great Heart Sanctuary

STAY CONNECTED: Sign up for the MET Connect weekly e-newsletter for up-to-date worship, event and programming news. Fill out a form at the Met Connect table, or just visit metunited.ca. We're also on Facebook, Instagram (@metropolitanunitedto) and Vimeo.

MINISTRY OF INTEGRATED ARTS

CHORISTERS, SPARKLERS, and GREAT HEART are rehearsing again on Sundays and accept new children and youth at any time - please speak with Dr. Patricia Wright for more information.

K@MP- Kids at Met Performing - our arts day camp for ages 4-teens will be held August 31-September 4. We have a limit of 30 children total in three age groups, corresponding to Sparklers, Choristers, and Great Heart, and our own children have priority. Please contact Dr. Patricia Wright to register (exact information regarding fees, subsidies, etc. will be available soon).

OPEN STUDIO ARTS: (drawing, painting with acrylics, pencil, pastel - some supplies provided)
Tuesdays from 6:30 p.m. to 8:30 p.m. in the MET Centre (knitting also offered, basic supplies provided)
Fridays from 10:30 a.m. to 12:30 p.m. in the MET Centre - *All Are Welcome*

CONGREGATIONAL CARE

NEXTGEN EVENT: Attention young people (and the young-at-heart): Join us at the Imperial Pub (2nd floor) on Thursday, January 30 at 6:30 p.m. for fellowship, discussion and refreshments. Email RSVP to andrew.mcgee@crowesoberman.com

AFFIRM GROUP BRUNCH: The Affirm Group is hosting a brunch on Sunday, February 2 at 1:00 p.m. at the Duke of Richmond Restaurant, located at the south end of the Eaton Center. A great opportunity for LGBTQ2+ members to get together. Everyone who attends Met is welcome at the brunch. Please RSVP to Jim Nixon at jnixon4411@hotmail.com. We'll meet at coffee hour and walk over together. We've set the date for the next Brunch on Sunday, May 24, but will again promote this closer to the time.

USHERS NEEDED: We need volunteers to serve as ushers on a regular basis. Please sign up at the MET Connect table if you are interested. You may also speak to William Wright, Usher Marshall, following the service or email at wrightmcawley@gmail.com.

MET INVESTMENT POLICY WORKING TEAM: Please contact Alan Cotterill of the Trustees at Cotterillalan@icloud.com if interested in volunteering for the working team to review the MET Investment Policy.

MET CONNECT TABLE: Are you helpful and like to sit behind tables? Volunteers are needed to staff the MET Connect Table in the coming months. Please sign up at... the MET Connect Table.

OUTREACH

OUT OF THE COLD PROGRAM: The OOTC program is fortunate to receive weekly donations of bread and sweets from Cobbs Bread Bakery, Annex (Bloor & Walmer Rd). We are in need of a volunteer with a vehicle to pick up baked goods at Cobbs at 8:00 p.m. Wednesdays, then deliver them to the Church (someone will assist you there). The time frame is approximately one hour. If you are willing, once or twice a month, please contact Norah Jardine at (416) 554-9418.

A CALL TO COOKIE BAKERS: Our Out of the Cold luncheons are now running again for the season. If you provide homemade cookies you will be an important part of the love that we try to extend to our guests. Tins are in the Narthex this morning. Next Sunday, leave your cookies there. Many thanks.

MET CHOIR COOKIE BAKE-A-THON FOR OUT OF THE COLD LUNCHEONS, JANUARY 25: The choir will bake cookies the morning of Saturday, January 25 and these will be immediately available for use at the Out of the Cold lunches.

THE COMMUNITY SERVICES PROGRAM: is looking for a one-time donation of electronics in good working condition to assist a community member stabilize in their new home. Desired items include a

DVD player, television, computer or tablet, and phone - cell or landline. Please contact our Community Service Worker, Stephanie Cunti prior to donation at csw@metunited.ca or 416-363-0331 ext. 241.

SPIRITUAL LEARNING FOR LIFE

YOUTH CANOE TRIP: Gibimishakaadimin (“we paddle forward together”) is a five-year project of reconciliation launched as a direct outcome of the recommendations of the TRC Report. Now going into its fourth year, it brings together Indigenous youth - literally from coast to coast to coast - together with non-Indigenous youth from the Toronto area in the spirit of Truth and Reconciliation. All participant costs are funded by area United Churches and the wider church.

From August 21 to August 29, a total of 20 youth ages 14 to 18, with three young adults in training, will embark on nine days and eight nights of learning about each other and the richness of Indigenous cultural and community histories. This journey of paddling together and fostering relationships through a canoe trip and experiential learning on both land and water will take place deep in the heart of the Canadian Shield. Contact Rev. Karen Bowles for more information.

FLANDERS LIBRARY: We have several books of Dr. and Master Zhi Gang Sha in our library. One of them is “Soul Mind Body Medicine : A Complete Soul Healing System for Optimum Health and Vitality”. Sha has an M.D. and a traditional Chinese medicine degree. In 2006 he was awarded the Martin Luther King Jr. Commemorative Commission Award for his humanitarian efforts. The Library is open 10:00 - 11:00 a.m. and 12:15 - 1:00 p.m. every Sunday.

FAITH FORMATION: Met is looking for a Youth and Children Animator to lead the Sunday school and youth program. If you know of anyone who is excited about Christian leadership and working with this age group, please contact Rev. Karen Bowles or download the position description from the website.

CALM COMMUNITY FOR A BUSY CITY

Midday Service of Prayer and Healing - Tuesdays 12:10 to 12:30 p.m.

Yoga Church - Thursdays 12:10 to 1:00 p.m.

BIBLE CART: Please take and return Bibles from/to our bible cart before and after the service.

THE SHARING OF OUR ABUNDANCE

OFFERING ENVELOPES, OFFERING CARDS: Boxes of weekly offering envelopes are available in the Narthex for pick up. For those who give to Metropolitan by ways other than by envelope, offering cards are available as well. Make giving simpler through monthly bank deduction. Sign up for Pre-Authorized Remittance (PAR) by contacting the church office. Thank you. Our gifts to Metropolitan help to transform lives.

IN GRATITUDE: The Official Board of Metropolitan United Church acknowledges with sincere gratitude and thanks, a recent gift from the estate of Anah Catharine Heynes, Toronto, generous friend of this church, to support general operations. 2 Corinthians 9:6-8

The Official Board of Metropolitan United Church deeply appreciates your financial gifts. We strive to honour our donors' wishes at all times. When gifts are designated for a specific purpose and the need for that purpose has been fulfilled, your Board will redirect surplus gifts to the closest alternative or the area of greatest need. Thank you again for supporting Metropolitan.

DIRECTORY

Intentional Interim Lead Minister: The Rev. Karen Bowles, ext. 227 (karenb@metunited.ca)
Minister of Congregational Care: The Rev. Jason Meyers, ext. 224 (jasonm@metunited.ca)
Minister of Music: Dr. Patricia Wright, ext. 226 (patw@metunited.ca)
Voluntary Associate Minister: The Rev. Bruce Misener, ext. 255 (official@metunited.ca)
Minister Emeritus: The Rev. Dr. G. Malcolm Sinclair
Chair of the Official Board: Kenneth Younie (chair@metunited.ca)
Teachers: Karlos Griffith (karlosgriffith@rogers.com), Johnavac Abraham
Library: Marion Lick (library@metunited.ca) and Maureen Maguire (vigrass78@gmail.com)

Community Outreach Ministry

Outreach and Housing Worker: Megan Carver, ext. 221 (housingworker@metunited.ca)
Community Service Worker: Stephanie Cunti, ext. 241 (csw@metunited.ca)

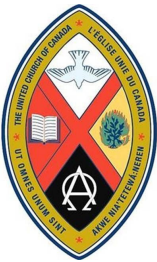
Ministry of Music

Minister of Music: Dr. Patricia Wright, ext. 226 (patw@metunited.ca)
Wayne C. Vance Organ Scholar: Timothy Wisnicki
Metropolitan Choir Lead Singers: Gisele Kulak, Chelsea Van Pelt, Valeria Kondrashov, Chris Taeyoung Kim,
Charles Davidson, Benjamin Stein, Nicholas Higgs, John Schneider
Director, *Great Heart* Youth Ensemble: Benjamin Stein
Conductor, *Metropolitan Sparklers*: Dr. Jennifer Martyn
Carillonneur: Roy Lee
Director, Metropolitan Silver Band: Fran Harvey

Administrative Ministry

Director of Administration: Jane Tuomi, ext. 222 (janelt@metunited.ca)
Office Administrator: Sheela Taylor, ext. 210 (sheelat@metunited.ca)
Financial Manager: Elena Pejcinovska, ext. 229 (elenap@metunited.ca)
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Communications Specialist: Charles Davidson (communications@metunited.ca)
Property Manager: Frank Cairns, ext. 231 (frankc@metunited.ca)
Custodians: Nadan Kandiah, Puvu Kanagalingam ext. 232

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